



### Safe & Caring...Everyone Matters

There are a multitude of opportunities that arise throughout the year where we engage students in conversations and actions that expand their understanding of different perspectives, capitalizing on the idea that everyone matters. A few examples from the past month include our participation in the Terry Fox run, and Orange Shirt Day, whose theme is "Every Child Matters", and is an integral part of National Truth and Reconciliation Day on September 30. Many powerful conversations happened and continue to happen, in classrooms around this idea.

From a global perspective the importance of our First Responders has become very pertinent due to events over the last few years. Further, this week we saw the importance of strong partnerships as we navigated a lock down/secure and hold protocol in our community. We have always appreciated the ability to work together with families to ensure the safety and wellness of our whole school community. To continue to help us in this regard, can we ask that you please:

- Contact the office if your demographic information changes (e.g. telephone number/ emergency contact list and so on)
- Keep your child home if they are ill
- Contact the office if your child is going to be absent
- Continue to work within the [RVS Safe & Secure](#) parameters
- Help your child understand and adhere to the general rules & routines of school

Feel free to call the office to connect at any time about anything that has you wondering or worrying. We look forward to continuing to partner with you to support your child's success this year!

Cheers,

Leslie Cooper, Principal



Where have All the Buffalo Gone?  
Axis Theatre presentation @ RVS



October 10 & 13  
No School  
Non Instructional Day  
Thanksgiving Day



October 7  
KM Club Wrap Up  
Picture Retake AM



October 20  
PD Day No Students

## LAND RECOGNITION

We acknowledge that we work, live and play on the ancestral and traditional lands of the Treaty 6 and Treaty 7 nations. We acknowledge the many First Nations, Metis and Inuit whose footsteps have marked these lands for generations. We are grateful for the traditional Knowledge Keepers and Elders who are still with us today and those who have gone before us. We recognize the land as an act of reconciliation and gratitude to those whose territory we reside on.

Click here for the [CESD Land Acknowledgement](#) video



# IMPORTANT DATES TO REMEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Day 4	3 Day 5	4 Day 6
6 Day 7 Subway Orders close online	7 Day 8 KM Club Wrap Up Picture Retakes AM	8 Day 1	9 Day 2 CESD Fun Run Gr 1 to 6 Innisfail	10 Non Instructional Day No Students No Staff
13 Thanksgiving Day No Students No Staff	14 Day 3 Subway Day Pizza Orders close online	15 Day 4 Earth Rangers Presentation Kind to Gr 5	16 Day 5	17 Day 6 Motivational Speaker: Ian Tyson Gr 7 to 8 @ SHS
20 PD Day No Students	21 Day 7 School Council 4:00PM + AGM	22 Day 8 Pizza Day	23 Day 1	24 Day 2
27 Day 3	28 Day 4	29 Day 5	30 Day 6 Youth Mental Health Clinic 1 to 4 see poster attached	31 Day 7 Costume Parade Kind to Gr 5 Pumpkin Carving Gr 6-8

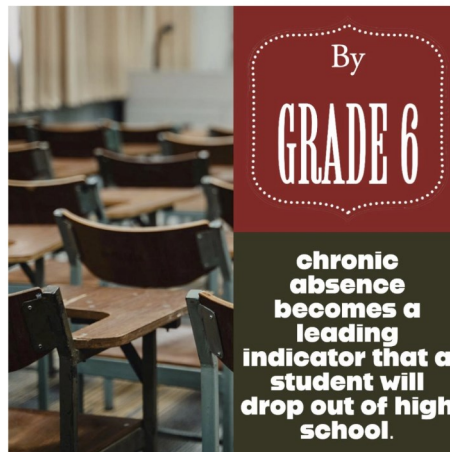


# ATTENDANCE MATTERS

Your child's success is important!

We want to partner with you to build that success. One key action you can take is helping your child attend school regularly.

Research tells us that when children are in school at least 90% of the time - including in the early years - there is a direct impact on their success in school in all of the grades.



## IMPORTANT DATES TO REMEMBER...

Parent Teacher Interviews November 3, 4, 2025

RVS Book Fair November 3, 4, 2025

November 6, 2025 RVS Remembrance Day Service 9:00AM All are Welcome

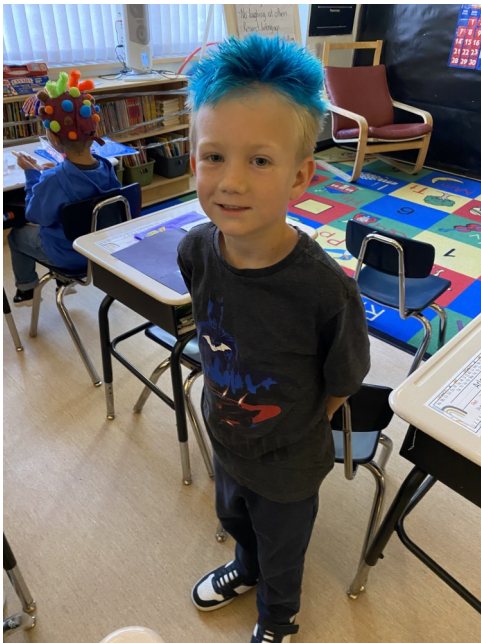




Gr 5 Pickleball Lesson



Métis presentation @  
Sundre Museum



Wacky Hair / Hat Day



Middle School Tug of War



# Youth Mental Health Clinic



**Are you between the  
ages of 6 – 14 and  
experiencing  
struggles with your  
mental health?**

Dr. J Smith and Irma van den Hadelkamp (RN) from the Primary Care Network will be on site at River Valley School once per month for consultation.



## MENTAL HEALTH MATTERS

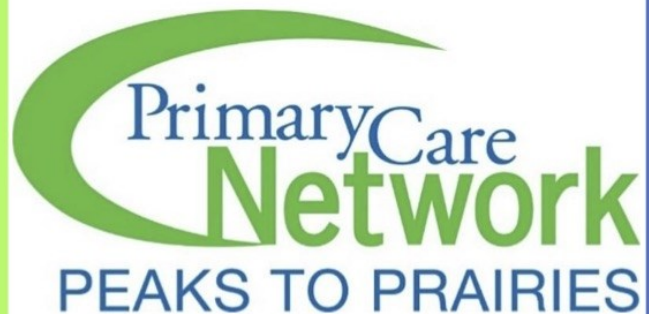
PROTECTING YOUTH MENTAL HEALTH

### Upcoming Dates at River Valley School

Thursday, Sept 25<sup>th</sup>, 2025 1:00pm - 4:00pm

Thursday, Oct 30<sup>th</sup>, 2025 1:00pm - 4:00pm

Thursday, Nov 20<sup>th</sup>, 2025 1:00pm - 4:00pm



**To book an appointment:**  
**Please contact Irma @ Primary Care Network**  
**Phone 403-586-0371**





**OCTOBER 2025**

# Sundre On The Go

BROUGHT TO YOU BY GREENWOOD NEIGHBOURHOOD PLACE & SUNDRE COMMUNITY SUPPORT SERVICES (FCSS)

**Greenwood Neighbourhood Place**

**Office Hours:**  
Tuesday to Wednesday  
8:30AM to 4:00PM  
Thursday 9:30AM-4:00PM

403.638.1011  
#5, 96-2 Ave NW  
PO Box 1846,  
Sundre AB, T0M 1X0

Email: info@mygnp.org  
www.mygnp.org  
CRA Charity No.  
866369374RR0001

Scan for Website Events Page

**THE DEN S.Y.C PRESENTS**

## A HAUNTED HALLOWEEN

Join us for this free family friendly, all ages Halloween event.  
An indoor Haunted Halloween Hamlet, hot dog supper by donation and dance floor fun.

**Saturday October 25**  
4:30PM-8:00PM  
Elks Hall  
Sundre AB  
info@mygnp.org

**HOT DOG SUPPER BY DONATION**  
to The DEN S.Y.C

**THE DEN S.Y.C**  
Sundre Youth Centre  
EST 2021

**fcss**  
Family and Community Support Services

**Jubilees**

## Pirates Of The River Saskatchewan

Tuesday | November 25  
Van Departs Van Returns at 4:30PM

Cap'n Jack and his band are setting out from the Jubilees Dinner Theatre. Would you like to join this thrilling journey? Music, laughter & treasure are on the menu! Plus great food and entertainment.

**COST: \$75**

Get Your Ticket at: www.mygnp.org

**COOKING UP CONNECTIONS**  
SPEND AN AFTERNOON COOKING WITH FRIENDS- NEW AND OLD!

Includes a meal to take home!

**OCTOBER 22, 2025**  
11:00AM-2:00PM  
Sundre Legion

**\$10 EACH**

REGISTER AT WWW.MYGNP.ORG

**Greenwood Neighbourhood Place**

## Building Connection and Resilience

**EVENTS AND PROGRAMS**

Register at [www.mygnp.org](http://www.mygnp.org) or call 403.638.1011

**THE DEN S.Y.C**  
Sundre Youth Centre  
EST 2021

**fcss**  
Family and Community Support Services

**fcss**  
Mountain View County Family and Community Support Services

**Town of Sundre**  
Visit Local Experts

**Mountain View County**

**DEN DAYS - 2025**  
October 17-19<sup>th</sup> 2025

**CHOOSE YOUR OWN ADVENTURE**

2<sup>nd</sup> Annual DEN Days  
Youth retreat.  
Guest speaker Ian Tyson.  
Open to youth in Grades 7-12.

**THE DEN S.Y.C**  
Sundre Youth Centre  
EST 2021

**\$75 includes:**  
Retreat activities,  
2 nights at Camp Evergreen, meals & special edition hoodie!

403-638-1011  
Register @ [www.thedensync.org](http://www.thedensync.org)

Thank you to our supporters:  
Central Alberta United Way,  
Sundre & Mountain View County FCSS,  
and the Town of Sundre.

**Canadian Firearms Safety Course**

**NON-Restricted**  
Sun | October 26  
9:00AM-5:00PM\*  
\*with exam to follow \$160.00

Location:  
Greenwood Neighbourhood Place Boardroom  
New gun license applicants must complete the Canadian Firearms Safety Course and pass written and practical tests.

Instructor:  
Stuart Seamans ABL419  
Register online:  
[www.mygnp.org](http://www.mygnp.org)

**FIREARM**

**FREE SWIM**

**Sunday | October 12**  
1:00PM-3:00PM  
Sundre Aquaplex

**No Registration**

Sponsored by  
Sundre Aquaplex  
fcss fcsc

**SENIORS' ART PROGRAMS**

10:00AM- 12:00PM  
**TUESDAY OCTOBER 21**  
Senior's Lodge (North Door)

**TUESDAY OCTOBER 28**  
Bergen Hall

Free with Registration  
[www.mygnp.org](http://www.mygnp.org)  
or call 403-638-1011

**fcss**

Promoting & Supporting NOT-FOR-PROFIT ORGANIZATIONS with free postings

**NO CLASS? NO PROBLEM!**

**CLASS DISMISSED**

**DAY CAMPS**

**IF SCHOOL IS OUT, CAMP EVERGREEN IS IN SESSION!**

**JOIN US FOR DAY CAMPS!**

For more information:  
[www.camp-evergreen.com](http://www.camp-evergreen.com)

**EVERGREEN**  
FOR THE DURATION OF TEACHERS STRIKE

**Cooking For Kindness Community Luncheon**

• Wednesday October 15  
11:30AM-1:00PM

**SUNDRE LEGION HALL-\$10/PLATE**

For more info, Transportation, Take out delivery or to Volunteer call:  
Louelle at 403.638.3378

**Sundre In-Town Shuttle Service:**  
Tues | 1PM-4PM & Thurs | 10AM-3PM  
(Cost:\$5.00)

**Olds Once A Month Shuttle Service:**  
(Cost:\$15.00)

**Single Passenger Vehicle Ride Service:**  
(Cost:\$5.00)

Offering transportation for shopping, visiting, appointments, local events and trips to Red Deer or Calgary

**CALL 403-638-3266 OR EMAIL**  
[SUNDRECOMMUNITYVAN@GMAIL.COM](mailto:SUNDRECOMMUNITYVAN@GMAIL.COM)

**Royal Canadian Legion**

## Tribute to 'The King'

Tickets are limited!  
An evening with Bruce Andrew Stewart multi award winning Elvis Tribute Artist.

Sat | Oct 4 | 6PM

Cash Bar & Snacks available for purchase.  
For more info Contact L.Smith 403.638.1667  
Royal Canadian Legion, Sundre

**Sundre District Historical Society**

FOLLOW US ON FACEBOOK FOR ALL THE LATEST INFO & UPCOMING EVENTS

**stay up to date**

**SUNDRE DISTRICT HISTORICAL SOCIETY**

**TRI Harvest Ball**

Celebrating Our Men & Women in Uniform  
Cocktails, Dinner, Dance, & Door Prizes

October 4<sup>th</sup>, 2025  
6:00PM  
Sundre Community Centre

For more info:  
Moe @ 403-636-1024  
or email [moe.f@sundre.com](mailto:moe.f@sundre.com)

**Sundre West Country Centre**  
101 2nd Ave. By the Arena.

Wheelchair accessible

**October Events**

Pool | Saturday 9:30 am

Music & Dancing | 1<sup>st</sup> & 3<sup>rd</sup> Sunday | 1:30PM

Cribbage | 2<sup>nd</sup> & 4<sup>th</sup> Sunday | 1:30PM

Pool & Snooker | Mondays | 9:30AM

Carpet Bowling | Mondays | 1:00PM

Line Dancing | Tuesdays | 10:00AM

Canasta | Tuesdays | 12:15PM

Stretching | Wednesdays | 10:00AM

Games | 2<sup>nd</sup> & 4<sup>th</sup> Wednesday | 1:00PM

Pool & Snooker | Wednesdays | 1:00PM

Carpet Bowling | Thursdays | 1:00PM

Quilting | Thursdays

Floor Curling | Fridays | 1:00PM

Pot Luck | Last Friday each month 12PM

**Come Join Us!**  
**Call or Text 403-638-3298**

"I'M SO GLAD I LIVE IN A WORLD WHERE THERE ARE OCTOBER'S."

- L.M. MONTGOMERY, ANNE OF GREEN GABLES

**Bergen Farmers Market Thanksgiving Market**

Sat. Oct. 11 | 10AM-1PM | @Bergen Hall

Vegetables, meats, assorted baking, preserves, jewelry, wood crafts, home made soap, doll clothes, pet treats and more!

We are an outdoor market but will be indoors if weather is inclement.

For more information:  
Shelley 403-638-2356

**COMMUNITY WITCH CAULDRON Candy Walk**

**FRIDAY OCTOBER 31ST**  
5:00-9:00PM  
SUNDRE COMMUNITY CENTRE

FREE - ALL AGES SPOOKY CANDY WALK & CAULDRON DANCE.

JOIN US FOR A FUN EVENING AT THE SUNDRE COMMUNITY CENTRE!

FOR MORE INFO:  
MOE @ 403-636-1024  
OR EMAIL [moe.f@sundre.com](mailto:moe.f@sundre.com)

**Sundre Palliative Care**

8 week Grief Support Group  
Wed | Oct 1 | Nov 18 | 1:30-3:30PM  
AGM & Monthly Meeting  
Thurs | Oct 9 | 2:00-3:30PM SSSL-North Door  
Let's Talk About:  
Financial Tips at End of Life  
Wed | Oct 22 | 6:30-8:30PM SSSL-North Door  
Drop in Grief Group  
Oct 23 | Nov 27 | Dec 18 | 2:00-4:00PM  
Main Ave Church  
Death Cafe  
Sun | Nov 9 | 2:00-4:00PM  
Sundre Library  
Info: Diana Kleinloog 403-507-1691

**Notice of Annual General Meeting**

**Tuesday October 21<sup>st</sup>**  
2025  
7:00 PM

Sundre Rodeo Grounds  
Wild Horse Saloon

**Sundre Creative Arts Paint-in**

Saturday | October 4<sup>th</sup>  
11:00AM-3:00PM  
Sundre Public Library

Join us for a FREE informal paint-in and social. Bring your lunch & a project to work on. We are willing to help and give tips!

Non members and beginners welcome. For more info phone Lila at 403-638-4269.

**Sundre Municipal Library**  
October 2025 Events

**Teen Hangout + Middle Years Mayhem FRANKENTUFFLES!**  
Thursday | October 9<sup>th</sup> | 3:15-5:00PM  
Create your own creepy, cute, or scary "stuffy"! Call to register!

**Armchair Travel...REPLAY!**  
Wed | October 22<sup>nd</sup> | 7:00-8:00PM  
Join us for a replay of our Ireland and northern England presentation!

**Author Talk: Kevin Van Tighem**  
Wednesday | October 29<sup>th</sup> | 6:00-7:30PM  
Understory:  
An Ecologist's Memoir of Loss and Hope.

**Microsoft Monday: WORD Edition**  
Monday | October 20<sup>th</sup> & 27<sup>th</sup> | 1:30-3:00PM  
Learn foundational skills to be successful with Microsoft Word. Registration required.

**Internet Safety: Health Edition**  
Monday | November 3<sup>rd</sup> | 11:30AM-1:30PM  
Learn to spot the truth in health info online. Lunch and Learn registration required.

**Sundre Library**  
Contact Info: (403)638-4000  
[prl.ab.ca@sundre](mailto:prl.ab.ca@sundre)

**DRIVE SAFE SUNDRE**

Free written vehicle checks & minor maintenance for individuals and families facing financial strain. Stay safe, prevent breakdowns, and get your vehicle winter-ready.

**October 25 | 10:00AM - 3:00PM**  
McDougal Chapel Parking Lot  
Hosted by McDougal Chapel & Plus 1 Food Hamper.  
Info: Kent Jantz - 403-638-3503  
[plusonefoodhamper@gmail.com](mailto:plusonefoodhamper@gmail.com)

**TURKEY Dinner**

**SUNDAY OCTOBER 19, 2025**  
Noon to 4:00 PM

**CASH only**

\$25.00 Adults  
\$10.00 Kids 6 to 12  
FREE - Kids 5 & under

Location: Bearberry Community Hall,  
7230 Hwy 584 (25 km NW of Sundre)

[www.bearberrycommunity.com](http://www.bearberrycommunity.com)

**JAMES RIVER COMMUNITY Annual Fall Dinner**

**26 OCT**  
1:00-4:00PM  
James River Hall

Adults \$20.00  
Children 6-12 \$15.00  
Children 0-5 Free

**BERGEN LADIES AID AUCTION SALE**

**Saturday November 8<sup>th</sup>**  
@ The Bergen Hall  
Doors open at 7:00PM  
Auction begins 7:30PM

Handmade quilts, crafts and baking!  
Everyone Welcome.  
Coffee and donuts after the auction.



# OCTOBER 2025

WED	THU	FRI	SAT	SUN
1 DROP IN 3-6PM	2 DROP IN 3-6PM	3 SPOOKY SEASON MOVIE NIGHT 6-9PM	4	5
8 DROP IN 3-6PM	9 DROP IN 3-6PM	10 CLOSED	11	12
15 DROP IN 3-6PM	16 DROP IN 3-6PM	17 CHOOSE YOUR OWN ADVENTURE DEN DAYS 2025 OCTOBER 17-19 \$75.00 REGISTER NOW.	18	19
22 DROP IN 3-6PM	23 DROP IN 3-6PM	24 PUMPKIN CARVING 6-9PM	25 HALLOWEEN PARTY	26
29 DROP IN 3-6PM	30 DROP IN 3-6PM	31 HAPPY HALLOWEEN CLOSED		

YOU CAN FIND MORE INFO  
ON ALL OUR EVENTS AT  
[WWW.THEDENSYC.ORG](http://WWW.THEDENSYC.ORG)

ALL AGES HALLOWEEN EVENT  
OCTOBER 25TH @ THE ELKS  
HALL 4:30-8:00PM



THE DEN IS OPEN TO ALL YOUTH GRADES 7-12 LIFE HAPPENS AND  
SOMETIMES THINGS CHANGE. PLEASE FOLLOW US ON  
FACEBOOK AND INTSAGRAM FOR OUR LATEST PROGRAM UPDATES  
[WWW.THEDENSYC.ORG](http://WWW.THEDENSYC.ORG).



THE DEN SYC



DEN INFO & EVENTS!