
Middle School

NEWS



River Valley School
- a safe and happy place to learn

April 29, 2022

Dear Parents or Guardians:

The River Valley Middle School track and field meet will be held on Thursday, May 12th. All students in grades 5, 6, 7 and 8 will be taking part. Events will begin shortly after 9:00 am.

Grade 5 students will take part in a 50m sprint and a class relay. Grade 6 students will be entered in five events (50m sprint, long jump, javelin, ball throw and class relays).

Grade 7 and 8 students will need to enter at least four events (including at least one jumping and one throwing event) to a maximum of six events.

Students should bring with them for the day:

- gym strip
- good quality running shoes
- extra clothing layers
- hat / sunscreen
- rain gear
- water
- snacks

If parents are interested in volunteering to help with timing races or measuring at the throwing and jumping events you can contact me at the school. You will be required to have a current criminal record check, vulnerable sector check and CESD volunteer application on file at the school.

Thank you,

Ian Mulholland
vice-principal