

*Sundre & District Nutrition for Learning Society*

Dear Parents, Caregivers, Grandmas & Grandpas,

Summer is over. Which means Nutrition for Learning is gearing up for another school year. Did you know that we supply a FREE healthy snack to every River Valley School student three times a week and a full breakfast to Sundre High School students five days a week? Our program relies on the generosity of people like you to make our program work. There are two main ways that you can be a part of the program.

1. We are looking for new volunteers to help us out. All it takes is for you to volunteer once a month for 2-3 hours. River Valley NFL has a number of options available to fit your schedule please contact us and we will gladly find something that will work for you! In addition, we are also looking for volunteers to help with the High School program, mornings 7am-9am.

2. Not able to volunteer but still want to help? With our High School and River Valley programs we supply \$3000.00 worth of nutritious food each week. Our operating budget is \$100,000.00 each school year! Our goal is to see that Nutrition for Learning continues to be sustainable and that all children of both schools have the advantage that our snack/breakfast program offers.

If you are able to make a monetary donation to help cover the costs of the snacks that your child will be receiving or make a donation, please return this letter along with your donation back to school with your child. Or you can mail it to:

Sundre and District Nutrition for Learning PO BOX 1869 Sundre AB T0M 1X0.

Donations over \$10 are eligible for a tax receipt\*. Thank you for your continued support of this valuable program. \*Please indicate whether or not you require a tax receipt. Mailing address is required if request a tax receipt.

We look forward to working with you this year,  
Board Members and Coordinators for Nutrition for Learning.

Please select any or all that apply to you!

- I can give of my time and my abilities at RVS
- I can give of my time and my abilities at SHS
- I can give of my resources. Financial or In-kind donation

Name \_\_\_\_\_

Address (Email & or Mailing) \_\_\_\_\_

Phone Number: \_\_\_\_\_ Preferred contact method \_\_\_ Phone \_\_\_ Text \_\_\_ Email

For more information please contact our Executive Director Carla – [c.valentine@sundrenutrition.org](mailto:c.valentine@sundrenutrition.org)