

We Are Family



- What does it mean to be part of the RVS family?
- Random Acts of Kindness...Attitude of Gratitude
- <https://www.youtube.com/watch?v=mcW6tMPgmxl>

Kindness Boomerang



- <https://www.youtube.com/watch?v=nwAYpLVyeFU>

Think Pink!

- February 27th at RVS – Pink shirt day



The words we hear... and what they mean

- Bully
- Bad moment Bernadine
- Bystander Larry



Why are we sometimes unkind?

- We choose to see others' differences as a problem as a problem
- Perhaps they are smaller or bigger, weaker or stronger, more or less popular, smarter or find school a struggle, fast or slow
- We are anxious that others may pick on our differences so we do it first to try and belong
- We are hurting or scared, so we hurt and scare others – we think it will make us stronger but it doesn't.



The word we need to hear: UPSTANDER

- Stand up for what is right –for yourself and for others

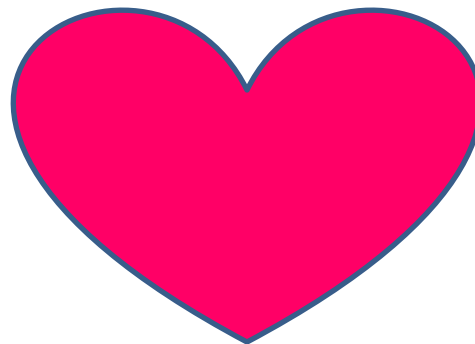


- What does being an upstander look like?
<https://www.youtube.com/watch?v=jL9CSuKfeoM>

Together we need to THINK

- T True
- H Helpful
- I Inspiring
- N Necessary
- K Kind

- The Golden Rule



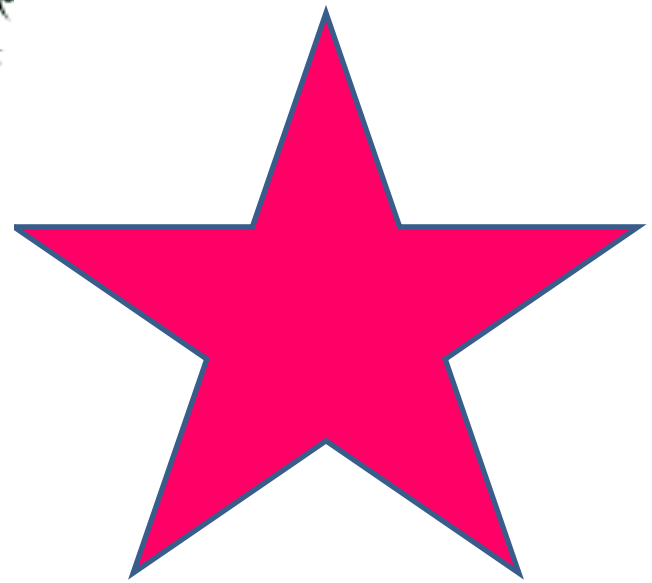
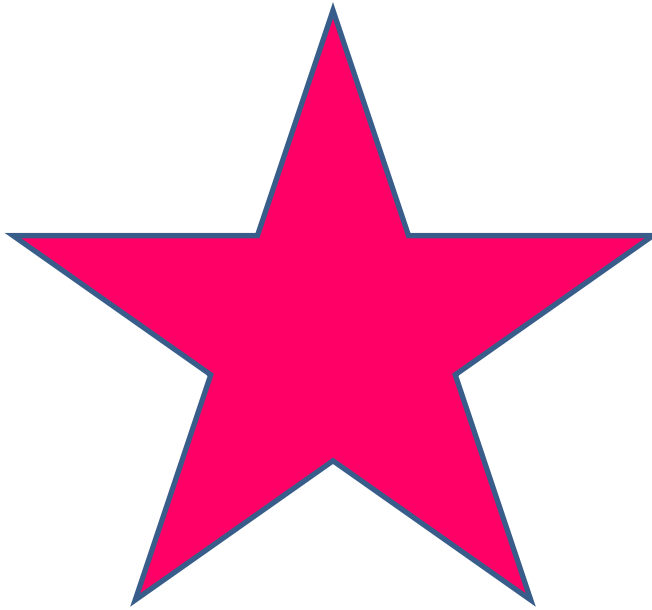
Together we need to use our WITS

- W Walk away
- I Ignore
- T Talk it through
- S Seek help



THINK PINK

- Stand up for what's right EVERYDAY
- Show you know: Wear PINK tomorrow!!



The River Valley Family

- Stands together
- Stands up for each other
- <https://www.youtube.com/watch?v=olSr7iWhpoE>

