



Sundre & District Nutrition for Learning

Dear Parents, Caregivers, Grandmas & Grandpas,

Summer is over. Which means Nutrition for Learning is gearing up for another school year. Did you know that we supply a FREE healthy snack to every River Valley School student three times a week and a full breakfast to high school students four days a week? Our program relies on the generosity of people like you to make our program work. There are two main ways that you can help out.

1. We are looking for new volunteers to help us out. All it takes is for you to volunteer once a month for 2-3 hours. River Valley NFL has a number of options available to fit your schedule please contact us and we will gladly find something that will work for you! In addition we are also looking for volunteers to help out with the High School program, mornings 7am-9am.

2. Not able to volunteer but still want to help? With our High School and River Valley programs we supply \$3000.00 worth of nutritious food each week. Our operating budget is \$100,000.00 each school year! Our goal is to see that Nutrition for Learning continues to be sustainable and that all children of both schools have the advantage that our snack/breakfast program offers. If you are able to make a monetary donation to help cover the costs of the snacks that your child will be receiving, please send the bottom part of this letter along with your donation back to school with your child. Or you can mail it to:

Sundre and District Nutrition for Learning PO BOX 1869 Sundre AB T0M 1X0.

Donations over \$10 are eligible for a tax receipt*. Thank you for your continued support of this valuable program. *Please indicate whether or not you require a tax receipt.

We look forward to working with you this year,

Coordinators for Nutrition for Learning.

Heather Hicks (RVS): h.hicks@sundrenutrition.org, 403-638-9633

Iris McWilliams (SHS): sundre3@hotmail.com 403-559-8998

Please select any or all that apply to you!

- I can give of my time and my abilities at RVS, please contact Heather
- I can give of my time and my abilities at SHS, please contact Iris
- I can give of my resources. Financial or In-kind donation

Name _____

Address (Email & or Mailing) _____

Phone Number: _____ Preferred contact method ___Phone ___ Text ___ Email